



DM

8/12/04

S14 Exhaust Manifold Stud kit

PART # TEN-30-90-110



Replace your old rusty and weak steel studs with these easy to install stainless steel studs and copper nuts. The TMS studs have an internal 3mm hex so no more double nutting or stud installers that gall the threads are required. This design also saves on installation time, and is designed to be user friendly.

Applications: 1987-1990 E30 M3

Parts list for kit:

- 16 Stainless steel studs
- 16 Copper Nuts

When would it be a good time to perform this work on my car?

- You can save time if you are changing your exhaust header or doing any head work.

Installation Tips:

1. Before removing old studs spray them with penetrating oil and let soak in.
2. After removing old studs check for good clean threads in the head before installing new studs. You may need to run a thread chaser or a tap to clean up the threads. Blow out with compressed air to clean out hole.
3. When done installing all of the studs and before installing the header, check that all the studs have about the same protrusion. If not there may be a problem with a dirty thread. If so remove, clean, and reinstall.